



Low Ropes Course for Education – how to build, how to use

Goals

The main goal of Low Ropes Course TC is to prepare participants for the planning, construction, organization and conduct of activities and exercises on the low rope courses and field games in order to transfer knowledge, skills, building relationships, among each other through active learning and experiencing nature. In addition by planning activities so as to constitute an adventure for the group and each participant we have a chance to strengthen their self-esteem and to stimulate creativity and creative action. We help participants learn to develop Responsibility, Self-Awareness, Communication Skills, Trust, Helpfulness, Problem Solving Skills, Leadership and Team Performance. The program is designed considering the latest and the best learning theories. It fosters the different learning styles. The program also helps in group bonding and creating an atmosphere of trust, since that is the base for teamwork. There will be also elements of Experiential Learning theories and games.

During the course you will pass theoretical and practical exams for ERCA certificate.

Course

The course consists of two parts: a certified training by standards of the European Ropes Courses Association along with the theoretical and practical examination and the introduction to the theory and practice of Experiential Education. Most activities during the course will be held outdoors with the active participation of participants.



When? 18.04 – 21.04.2015

Where? POLAND, „Ludwików, Teresin”,
<https://goo.gl/maps/pORX9>. Close to
Warsaw. Name of the venue: Barn (polish
name Oczyszczalnia – Stodoła Wszystkich
Świątych),
<http://www.oczyszczalniemiejsce.pl/>.

Nearest rail station: Seroki.

We can help you with travel and accommodation before course.

Program:

Introduction to the Experiential Education, introduction in rope static, load calculation, educational activities including working with groups, security on low ropes course, principles of construction and installation of low-rope park, rope, knots, legal aspects, practical methods. Theoretical and practical exam. The course will be in English!

Take with you:

Comfortable, waterproof clothing (most of the activities will be held outdoors), shoes with hard soles.



Trainers – you have to meet them!

Daniel Dammier (Actionworx, Germany) - qualified Social Pedagogic, working for over 13 years as an instructor. He has built a lot of high and low rope courses. He has broad experience in international cooperation e.g. in India, Cyprus, Israel, Poland. He is ERCA certified Train the Train Instructor, Member of The ERCA Board, Learning Therapist.



Bastian Kaspert (Actionworx, Germany) – Social Pedagogic, Bachelor of Arts ERCA Certified Ropes Course Trainer, Fisat Level 1 Industrial Climber Working since 10 Years as Instructor.

They are coming to Poland third time at the special invitation of Pracownia Nauki i Przygody!

Aga Leśny - assistant (Pracownia Nauki i Przygody) - pedagogue and anthropologist, trainer ERCA trained by Daniel and Bastian some years ago 😊 Promoter of ideas and methods of Experiential Education in Poland, the founder of the Pracownia Nauki i Przygody. She is working as a trainer using low ropes course to work with children, adults and people with disabilities.



Cost: 443 euro

Price includes: accommodation, meals, training materials, exam, insurance, certificate. After confirmation of booking, in order to reserve your slot advance payment in the amount of 58 euro is required.

The first part of a payment: 209 euro until 1.02.2015

For more information write to Aga: pracownia@naukaprzygoda.edu.pl, or call +48 501 783 923